



BESHARA

FEB '24



ABOUT US

BELEDI is a Dance based Fitness Program created in 2016 that has been gaining popularity for its positive vibes and incredible Results. It is approved by Athletic and Fitness Association (AFAA).It offers various workout formats helping Women community to achieve their dream Fitness goals, a toned body and an "Hourglass" shape. Beledi is a fitness program specifically created by Women for Women . Its focus is on providing a Workout Experience tailored to the needs and preferences of women , promoting a sense of Inclusivity and Empowerment.

HEMALATHA, CREATOR

UPCOMING EVENTS



BELEDI Team has a practice of conducting regular meetups and Events once a year where Instructors from all over the world participate with much Enthusiasm and spread Love. As Women we have always been witnessing Love and Support from our Fellow instructors and Clients while conducting Events like Jamboree and Naltaqi across various cities in India. Join us for the most awaited JAMBOREE '24 at Chennai, on February 17, 2024 where you ll be witnessing the powerpacked performance of TEAM BELEDI along with the Superstars of our events - our Clients.

INSTRUCTOR OF THE MONTH

INSTRUCTOR OF THE MONTH is awarded to our most lovely and Dedicated Instructor Dr. GOURI . On her recent personal trip to Dubai amidst her works she made time for finding a Studio in Dubai for filming the Edu shoot and Rashtri videos. Team BELEDI appreciates her Sincerity and Dedication towards BELEDI and wishes her all the very BEST in her Life and Career as well. We admire your efforts in promoting BELEDI and for all the wonderful Fitness tips.



ACHIEVEMENTS

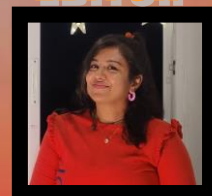


Congratulations to BELEDI Instructor **THULASI** . Her RIGHT ANGLE FITNESS was awarded " **INSPIRING FITNESS TRAINER OF THE YEAR** "



Congratulations to BELEDI Instructor **AKSHARA** . She has taken a great initiative in promoting BELEDI at THE RESIDENCY, Coimbatore.

EDITOR



THAARRINI J